

Lowestoft and Yarmouth Rugby Football Club



1st XV Match Report 10th October 2009

West Norfolk 22 Lowestoft & Yarmouth 10

For their second away game L&Y once again failed to impress as they went down to a committed and hard working West Norfolk.

It started brightly enough with L&Y in charge of the scrums and early exchanges but dogged determination from their hosts counteracted the early dominance.

The breakthrough came as L&Y carried the ball forward and then sent it down the three quarter line where Steve Adams found space to cut through the defence to score.

West Norfolk then upped their pace and some woeful midfield defence allowed them to dance through to score. The only other score before half time was a West Norfolk penalty.

The second half started with exchanges even but it was the home side that made the breakthrough as the No 8 picked up and again went over with the L&Y defence seeming non existent. This was converted.

The visitors then closed the gap when skipper Marc Thomas was at the back of a 5 metre scrum that muscled its way over the West line for him to touch down.

Just when it looked as if L&Y would give their travelling support some hope the hosts sealed the win with another converted try.

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